

Hampshire and Isle of Wight Sustainability and Transformation Plan (Nov 2016 covering 2016-2021)

Demographics in our area (Hampshire as opposed to Southampton, Portsmouth and Isle of Wight):

- A population of 1.34m – affluent, ageing, 9% of population is 75+ (7% nationally)
- Almost all public health indicators are better than national averages (except melanoma indices)
- The area includes 5 CCGs (ours is North Hampshire) and 6 Foundation Trusts (Frimley Park, Southampton, Southern Health, Surrey and Borders, SussexPartnership and Hampshire Hospitals –located in Basingstoke, Winchester and Andover) as well as South Central Ambulance Service, Care UK and Hampshire County Council.
- So our area contains 5 out of the 8 HIOW CCGs, has hospitals that provide acute secondary care, and has access to mental health and community services and the services managed by South Central Ambulance Service and Hampshire County Council.
- Thousands of new homes are being planned in Hampshire in the next 5 years, including 5,924 in Basingstoke and Deane.

Challenges to the service

Gaps in provision in relation to 3 key area:

- Health and wellbeing – we need to address avoid health issues to progress on prevention and healthy life expectancy issues so that we can fund beneficial new treatments.
- Care and quality – we need to reduce unacceptable variations in outcomes and address patients' changing needs, treat those who can be cured and make the best use of technology.
- Funding and efficiency – we need to do thing differently in order to stay within our budgets and that involves fewer admissions to hospital, and care being provided closer to home.

Local issues and challenges

- Delayed discharge from hospital which causes poorer outcomes
- Too many people are being admitted to hospital with conditions/treatments which could be managed in the community by combining the expertise of GPs and specialist consultants
- People are staying in hospital once they are medically fit to be discharged
- The whole person needs to be treated when they have more than one long term condition (LTC), or when they have a mental health issue, rather than focusing on each condition separately.
- Mental health needs to prioritized as much as physical issues, especially as the two are so interlinked and outcomes are lower for those suffering from both mental and physical health issues. In addition

there are challenges in relation to providing care for young people who require ongoing mental health care in adult life.

- Many people with mental health issues at the moment are needing to receive care outside our local area due to a lack of staff and capacity in inpatient and community health care services locally.
- People with learning disabilities need to receive more help to lead independent lives, and to ensure that the mental and physical health care needs are given similar focus and priority. The needs of those with learning disabilities need improved health care experiences and outcomes.
- Health and care in Hampshire is becoming more and more financially challenging due to an increasing ageing population, cost inflation, new technologies, seven-day-a-week services and national policies to improve mental health, cancer and maternity services. The size of financial deficit in HIOW is forecast to be £577m by 2020/1 (equivalent to 18% of the funding that local health services will receive in 2020/1). This figure does not reflect the financial challenge in social care and health and social care services need to work more closely together.

Plans

- Enhanced discharge planning
- Smoking cessation advice for those with a LTC, greater focus on screening for those with diabetes, falls prevention and support, earlier cancer screening initiatives and greater advice on safe alcohol levels
- Increased focus on taking more control for our own health and greater access to our health data etc through a new “patient portal” and a secure digital health record.
- Improved 24/7 in patient and community mental health services
- Enhanced learning disability services, especially in Southern Health FT
- Future proofing hospital services in north and mid Hampshire – the Hampshire Hospitals FT proposed building of a critical care treatment hospital available 24/7 for the most critically ill patients and this is still under discussion. Which services remain available in hospitals in Winchester and Basingstoke and the financial viability of this plan will continue after an independent review which is due to be completed by the end of January 2017. West Hampshire and North Hampshire CCGs and Hampshire Hospitals FT Board meetings will jointly reach a conclusion ensuring sustainable, high quality and affordable acute services are available locally.

Aims for the future:

- We are in good health and live for longer and can access earlier intervention such as screening opportunities and health information
- When we need to be treated in hospital we receive safe, consistent, affordable and world class care so we get better quicker and get home sooner
- We have control over our own health and information and can access our records online, manage our appointments, order repeat

prescriptions, provide pre assessment data and access self help information.

- We can choose to have outpatient appointments online or on the phone
- We can access health and social care services closer to our homes and have greater choice about where we receive treatment and have less waiting time for appointments and results
- If we have one or more long term conditions we can feel confident about managing these ourselves, with appropriate support and help when needed. We will also be treated as a whole person, not as a collection of different conditions which are treated separately
- If we have mental health problems we will receive safe, consistent, affordable and world class care, available 24 hours a day and 7 days a week.